

Rachel A. Parisi

Principal

Parsippany, NJ

T: (973) 889-4261

E: RAParisi@pbnlaw.com

Rachel Parisi is co-chair of the firm's Bankruptcy and Financial Restructuring department. Her practice focuses on all areas of bankruptcy and restructuring, including the representation of commercial debtors, secured and unsecured creditors, creditors' committees, commercial landlords, and other parties in interest in bankruptcy and insolvency proceedings. Rachel has represented clients in a wide array of complex cases, including in the healthcare, pharmaceutical, retail, entertainment, casino/gaming, and restaurant and food services sectors. Rachel also has experience in bankruptcy litigation, including prosecuting and defending preference and other avoidance actions.

Rachel is active in the community, volunteering as an Ethics Investigator for the District XA Ethics Committee, as well as within the firm, co-chairing Porzio's Women's Initiative Network. Rachel is a PDSL, Chartered Institute of Arbitrators (CIArb) and International Mediation Institute (IMI) qualified mediator, and also serves as a Bankruptcy Court-Appointed Mediator.

Recognitions

*No aspect of this or any advertisement has been approved by the Supreme Court of New Jersey. For ranking methodologies, please see **here**.*

- *Chambers USA* - America's Leading Lawyers for Business, Bankruptcy/Restructuring (2026)
- New Jersey Super Lawyers® (2026 and 2027)
- New Jersey Rising Stars® (2017-2021)
- *The Best Lawyers in America®* – Bankruptcy and Creditor Debtor Rights / Insolvency and Reorganization Law (2025-2027); Litigation - Bankruptcy (2025-2027)
    - "Lawyer of the Year," Newark Area - Litigation - Bankruptcy (2027)

Memberships

- American Bankruptcy Institute - Member
- Bankruptcy Inn of Court - Barrister

- Homeless Solutions, Inc., Morris Plains, NJ - Volunteer
- International Women's Insolvency & Restructuring Confederation - Member
- New Jersey State Bar Association - Member
- New York Institute of Credit - Member
- Supreme Court of New Jersey's District Ethics Committee for District XA (DEC XA) - Ethics Investigator serving East Morris and Sussex Counties, 2022-2026
- Turnaround Management Association - Member
- Vincent J. Apruzzese High School Mock Trial Competition - Volunteer

News

*No aspect of this or any advertisement has been approved by the Supreme Court of New Jersey. For ranking methodologies, please see **here**.*

- 22 Porzio, Bromberg & Newman Attorneys Named to 2027 New Jersey Super Lawyers® and Rising Stars® Lists, 11/16/2026
- Porzio, Bromberg & Newman Expands Role in Uniroyal Holding Chapter 11 Cases with Appointment as Counsel to Official Retiree Committee, 8/31/2026
- Porzio, Bromberg & Newman Continues Growth in Puerto Rico with Addition of Bankruptcy and Restructuring Attorney Nayuan Zouairabani-Trinidad, 8/20/2026
- 33 Porzio, Bromberg & Newman Attorneys Recognized by *Best Lawyers® 2027*, Including Two "Lawyer of the Year" Recipients, 8/20/2026
- Porzio, Bromberg & Newman Serves as Counsel to Ad Hoc Retiree Group in Uniroyal Holding Chapter 11 Bankruptcy, 8/05/2026
- Chambers USA 2026 Ranks Porzio, Bromberg & Newman Among New Jersey's Leading Firms; Seven Attorneys Recognized, 6/09/2026
- Porzio, Bromberg & Newman Highlights Leadership Continuity and Strategic Strength Following Annual Principals' Meeting, 5/28/2026
- Porzio, Bromberg & Newman Celebrates Women's History Month, 3/31/2026
- 17 Porzio, Bromberg & Newman Attorneys Named to 2026 New Jersey Super Lawyers® and Rising Stars® Lists, 3/20/2026
- Porzio, Bromberg & Newman Selected as Lead Counsel to Official Committee of Unsecured Creditors in SpiriTrust Lutheran Chapter 11 Bankruptcy, 1/28/2026
- Porzio, Bromberg & Newman Named Lead Counsel to Official Committee of Unsecured Creditors in Ample, Inc. Chapter 11 Bankruptcy, 1/28/2026

- Porzio, Bromberg & Newman Expands Bankruptcy & Financial Restructuring Practice With Veteran Insolvency Attorney, 1/14/2026
- 26 Porzio Attorneys Recognized in *The Best Lawyers in America®* 2026 Edition; 6 Listed as *Best Lawyers: Ones to Watch®*, 8/21/2025
- 26 Porzio Attorneys Recognized in *The Best Lawyers in America® 2025 Edition*; 6 Listed as *Best Lawyers: Ones to Watch®*, 8/15/2024
- Porzio, Bromberg & Newman Selected as Counsel to Official Committee of Unsecured Creditors in Grupo Hima San Pablo, Inc. Chapter 11 Bankruptcy , 9/28/2023
- Porzio, Bromberg & Newman Recognized at 2021 New Jersey Law Journal Legal Awards, 9/24/2021
- Porzio Announces Principal and Counsel Promotions, 9/01/2020
- Porzio Honored by NJLJ's Professional Excellence Awards, 6/13/2019
- Wall Street Journal Reports on EZ Worldwide Express's Emergence from Bankruptcy, 12/13/2016
- Porzio Congratulates EZ Worldwide Express and United Business Freight Forwarders on Emerging from Chapter 11 Bankruptcy, 12/12/2016
- Bankruptcy Team Celebrates "East Meets West" during the National Conference of Bankruptcy Judges, 10/28/2016

Articles

- Venue in Chapter 11 Cases: What Then, What Now, and What Next? - *ABI Journal*, 7/01/2026
- Small Business Alert – "Subchapter V" Changes, 3/17/2022
- The Evolving Status of Nondebtor Releases in Bankruptcy Plans, 2/14/2022
- Considerations That Loom Large Over the Small Business Debtor, 2/01/2021
- Running on Empty: Why Pacific Gas and Electric Filed for Bankruptcy, 2/08/2019
- Between the Buns: What's Really Included in the Price of Your Burger?, 2/01/2019
- "Bootstrap" Plans Not Just A Thing Of The Past, 2/20/2017
- Healthcare Update: Bad Times for Hospital in the Bayou State, 2/07/2017
- Petersburg Regency: A Case for Structured Dismissals that is Stronger than Jevic, 2/06/2017

Speaking Engagements

- “Article 12 Perfection and Priority Disputes in Bankruptcy: Controllable Electronic Records and Other Digital Assets ,” BARBRI Webinar, 10/06/2026
- "Don't Stop Believin'": Navigating Employment Storms Before the Final Curtain," 17th Annual Porzio Employment Law Forum, 10/07/2025

- "Ethics Over Easy: Examining Today's Hard Boiled Headlines," Porzio's 8th Annual Ethics & Eggs CLE Seminar, 12/05/2024
- "Surf's Up Aboard a Title Wave: Understanding Workouts," ACREL's Advanced Commercial Leasing Institute, 5/03/2024
- "Negotiations: Tools for Achieving Success," AIRA's 39th Annual Bankruptcy and Restructuring Conference, 6/07/2023
- "J&J's Texas Two-Step: The Talc Bankruptcy and the Impact on the Tort World," Mass Torts Puerto Rico, 5/05/2022
- "RPC 8.4(g): A Primer and Lessons Learned," Porzio's Ethics & Eggs 2021, 12/09/2021
- "Ethics Refresh – Conflicts of Interest, Remote Practice and other Topics," Inaugural NJSBA Bankruptcy and Restructuring Forum, 11/18/2021
- How to Avoid Automatic Stay Violations - What NOT to do When Presented with a Bankruptcy Filing, Porzio's Fourth Annual WIN Ethics & Eggs Virtual CLE Seminar, 12/17/2020
- "Successful Negotiation Strategies for Restructuring Professionals" IWIRC at the Shore, 3/06/2020
- Anatomy of a Celebrity Chef Restructure – Issues and Challenges, 21st Annual William H. Gindin Bankruptcy Bench Bar Conference, Atlantic City, NJ, 4/05/2019
- "Structured Dismissals," Bankruptcy Inn of Court of New Jersey, 5/01/2017

Media Mentions

- “Porzio Bromberg Names All-Women Board, Reelects MP,” *Law360*, 6/29/2026
- "Porzio, Bromberg & Newman expands bankruptcy and financial restructuring practice with insolvency attorney Schellhorn," *ROI NJ*, 1/16/2026
- "Schellhorn joins Porzio, boosting its bankruptcy and financial restructuring practice," *BINJE*, 1/15/2026
- "Court Takes Third-Party Release Opt-Out Issue Under Submission, Will Rule Before DS Approved; DS Supplement Will Clarify Agreement With UCC," Octus, 1/22/2025
- "Lumio DIP Financing Approved on Final Basis After Settlement Reached With UCC, DIP Lender on Sale Process, Liquidating Plan," Octus, 10/01/2024
- "Sam Ash Approved For Ch. 11 Sale Process With Baseline Bid," *Law360*, 6/05/2024
- "Judge Jones Confirms Athenex Plan," Octus, 9/12/2023
- "Creditors Want Christmas Tree Shops Converted To Ch. 7," *Law360*, 7/11/2023
- "Court Approves Sale of Athenex APD Assets, Global Settlement With Almirall Regarding Supply, Manufacturing of Topical Drug Klysiri," Octus, 6/27/2023

Practices

- Bankruptcy & Financial Restructuring

Area of Focus

- Creditor Committees
- Healthcare: Bankruptcy & Financial Restructuring

Industries

- Casino & Gaming

Bar Admissions

- New Jersey, 2011
- New York, 2012

Court Admissions

- United States District Court, District of New Jersey, 2011
- United States District Court, Southern District of New York, 2013
- United States District Court, Eastern District of New York, 2013
- United States Court of Appeals, Third Circuit, 2015

Education

- *Cardozo School of Law*
  J.D., 2011
  cum laude, Articles Editor, Journal of Conflict Resolution, Executive Editor, The Cardozo Jurist
- *Emory University Goizueta Business School*
  B.B.A., 2008
  with high honors, Beta Gamma Sigma Business Honor Society, BBA 2008 Organization and Management Faculty Award, Deans List